

Studio Rules

- Please do not enter the studio/class before the previous class is complete and equipment is put away.
- Please do not save spots for others.
- Please do not enter the class if you are more than 10 minutes late. This is at the discretion of the instructor.
- No food or drink aside from WATER, in a closed, plastic container.
- Stereo is for fitness teammate use only.
- Please return all equipment to its proper place after use.
- When using the studio outside of a scheduled class time, please use the equipment safely, and return after use.
- Please no basketballs in the studio.
- No children under 8 years old are permitted in studios, aside from specified youth classes. Youth 8-11 may participate in family friendly classes with supervising adults 18 and older.



Rules are subject to change.

